



Recovery Program Solutions of Virginia

Arlington Peers Helping Peers in Recovery

December 2018

Calendar of Events

- ◆ **Holiday Party**, December 17th from 12:00 to 2:00 p.m.
- ◆ **Special Closings**, December 24th and 25th for the Holiday

Monday	Tuesday	Wednesday	Thursday
			
<p>3 10:15–10:30 Daily Pulse 11:00–2:00 Computer Training 11:00–12:00 Recovery Paths 12:00–1:00 Lunch 12:30–1:30 Men’s Group</p>	<p>4 10:15–10:30 Daily Pulse 11:00–2:00 Computer Training 11:00–12:00 Peer Support 12:00–1:00 Lunch 12:30–2:30 Voter Rights 1:30-2:30 Dual Recovery</p>	<p>5 10:15–10:30 Daily Pulse 11:00–12:00 Recovery Paths 12:00–1:00 Lunch 12:30–1:30 Women’s Group</p>	<p>6 10:15–10:30 Daily Pulse 11:00-12:00 Music Appreciation 12:00–1:00 Lunch 12:30–2:30 Art Expressions</p>
<p>10 10:15–10:30 Daily Pulse 11:00–2:00 Computer Training 11:00–12:00 Recovery Paths 12:00–1:00 Lunch 12:30–1:30 Men’s Group</p>	<p>11 10:15–10:30 Daily Pulse 11:00–2:00 Computer Training 11:00–12:00 Peer Support 12:00–1:00 Lunch 12:30–2:30 Employment Support 1:30-2:30 Dual Recovery</p>	<p>12 10:15–10:30 Daily Pulse 11:00–12:00 Recovery Paths 12:00–1:00 Lunch 12:30–1:30 Women’s Group</p>	<p>13 10:15–10:30 Daily Pulse 11:00-12:00 Music Appreciation 12:00–1:00 Lunch 12:30–2:30 Art Expressions</p>
<p>17 10:15– 10:30 Daily Pulse 11:00–12:00 Recovery Paths 12:00 –2:00 <i>Holiday Party</i></p>	<p>18 10:15–10:30 Daily Pulse 11:00–2:00 Computer Training 11:00–12:00 Peer Support 12:00–1:00 Lunch 12:30–2:30 Voter Rights</p>	<p>19 10:15–10:30 Daily Pulse 11:00–12:00 Recovery Paths 12:00–1:00 Lunch 12:30–1:30 Women’s Group</p>	<p>20 10:15–10:30 Daily Pulse 11:00-12:00 Music Appreciation 12:00–1:00 Lunch 12:30–2:30 Art Expressions</p>
<p>24 Closed 31 New Year’s Eve—Open 10:15–10:30 Daily Pulse 11:00–2:00 Computer Training 11:00–12:00 Recovery Paths 12:00–1:00 Lunch 12:30–1:30 Men’s Group</p>	<p>25 Closed </p>	<p>26 10:15–10:30 Daily Pulse 11:00–12:00 Recovery Paths 12:00–1:00 Lunch 12:30–1:30 Women’s Group</p>	<p>27 10:15–10:30 Daily Pulse 11:00-12:00 Music Appreciation 12:00–1:00 Lunch 12:30–2:30 Art Expressions</p>

3219 Columbia Pike, Suite 101, Arlington VA 22204

Phone Number 703.567.1346

Monday through Thursday 10:00 AM to 3:00 PM

Recovery Program Solutions of Virginia

Arlington Peers Helping Peers In Recovery

Who are we?

The Arlington County Peer-Run Recovery Center is a safe, stigma-free place for those experiencing mental illness, substance abuse and homeless. Our goal is to help people overcome challenges in a welcoming and supportive environment that emphasizes recovery that emphasizes recovery with some drop-in services.

What do we do?

We provide critical assistance such as:

- Community Outreach
- Peer Support Group
- Computer and Internet Access
- Wellness Recovery Action Plan (WRAP®) Workshops
- Annual Beach Trip to Ocean City
- Social Activities
- Computer Training
- Daily Lunch
- One-On-One Peer Counseling
- Recreational Activities
- Holiday Parties and Barbecues
- Employment Seminars

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