



# December 2018

**Consumer  
Wellness  
Center**



**Open  
Monday to Thursday  
10:00 AM to 4:00 PM**

**7611 Little River  
Turnpike, Suite 100E  
Annandale, VA 22003  
(703) 531-4650**

**Combined Federal  
Campaign 65228**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Consumer Wellness Center offers individual &amp; group peer support, 12-step groups, a clothing closet and lunch Monday through Thursday.</b> NA Meeting– Thursday’s 1pm—2:30pm Housing Assist. Tuesday’s 12– 3 pm with New Hope Housing For Employment Support please call Gauri at (703) 909-9754 RENT READINESS– Monday 10:15-11:00						<b>1</b> Closed
<b>2</b> Closed	<b>3</b> 10:15-11:00 Community Mtg. 12:00 Lunch 11:00 Support Group 11:30 –2:30 LMECC Support Group Time Management 1:00-1:45 Info and Ed	<b>4</b> 10:15-11:00 Community Mtg. 12:00 Lunch 11:00 Support Group- Time Management 1:00-1:45 Info and Ed 2:00-3:00 - Art Therapy	<b>5</b> 10:15 -11:00 Community Mtg. 12:00 Lunch 11:00 Support Group Time Management 1:00-1:45 Info and Ed Peer Group-SUD <b>2:00-4:00 WRAP</b>	<b>6</b> 10:15 -11:00 Community Mtg. 12:00 Lunch 11:00 Support Grp Time Management 1:00-1:45 Info & Ed Peer Group SUD	<b>7</b> Closed	<b>8</b> Closed
<b>9</b> Closed	<b>10</b> 10:15-11:00 Community Mtg. 12:00 Lunch 11:00 : Impact of Trauma 11:30-2:30 LMECC Support Group 1:00-1:45 Info and Ed Peer Group	<b>11</b> 10:00-11:00 Community Mtg. 12:00 Lunch 11:00 Support Group Impact of Trauma 1:00-1:45 Info and Ed 2:00-3:00 - Art Therapy	<b>12</b> 10:15 -11:00 Community Mtg. 12:00 Lunch 11:00 Support Group Impact of Trauma 1:00-1:45 Info and Ed Peer group-SUD	<b>13</b> 10:15 -11:00 Community Mtg. 12:00 Lunch 11:00 Support Grp. Impact of Trauma 1:00-1:45 Info & Ed Peer Group SUD	<b>14</b> Closed	<b>15</b> Closed
<b>16</b> Closed	<b>17</b> 10:15 –11:00 Community Mtg. 12:00 Lunch 11:30-2:30 LMECC – Support Group Cultural Diversity 1:00-1:45 Info and Ed	<b>18</b> 10:15 -11:00 Community Mtg. 12:00 Lunch 11:00 Support Group Cultural Diversity 1:00-1:45 Info and Ed 2:00-3:00 - Art Therapy	<b>19</b> 10:15-11:00 Community Mtg. 12:00 Lunch 11:00 Support Group Cultural Diversity 1:00-1:45 Info and Ed Peer Group	<b>20</b> 10:15 -11:00 Community Mtg. 12:00 Lunch 11:00 Support Grp. Cultural Diversity 1:00-1:45 Info & Ed Peer Group SUD	<b>21</b> Closed	<b>22</b> Closed
<b>23</b> Closed	<b>24</b> Closed  <b>X-mas Eve!</b>	<b>25</b> Closed  <b>Christmas Day!</b>	<b>26</b> 10:15 -11:00 Community Mtg. 12:00 Lunch 11:00 Support Group Labeling Others 1:00-1:45 Info and Ed Peer Group	<b>27</b> 10:15 -11:00 Community Mtg. 12:00 Lunch 11:00 Support Grp. Labeling Others 1:00-1:45 Info & Ed Peer Group SUD	<b>28</b> Closed	<b>29</b> Closed
<b>30</b> Closed	<b>31</b> Open  <b>New Years Eve!</b>					