

Reston Wellness Center

1850 Cameron Glen Dr. Reston, Virginia 20190

Hours: Monday- Friday 9am- 2:30pm

◀ Nov 2018							December 2018							Jan 2019 ▶						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
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2		3 10:00 am- Show and Share 12:00 pm- Lunch 1:00 pm- Music Group		4 10:00 am- WRAP Support Group 12:00 pm- Lunch 1:00 pm- Art Group		5 10:00 am- Peer to Peer Group 12:00 pm- Lunch 1:00 pm- Art Group- Collage For Recovery		6 10:00 am- Dual Recovery Group 12:00 pm- Lunch 1:00 pm- Life Skills Group- Banking		7 JERSEY DAY 10:00 am- Education Group/ GED Prep 12:00 pm- Lunch 1:00 pm- Weekend Planning		8								
9		10 10:00 am- Show and Share 12:00 pm- Lunch 1:00 pm- Music Group		11 10:00 am- WRAP Support Group 12:00 pm- Lunch 1:00 pm- Art Group		12 10:00 am- Peer to Peer Group 12:00 pm- Lunch 1:00 pm- Art Group- Collage for Recovery		13 10:00 am- Dual Recovery Group 12:00 pm- Lunch 1:00 pm- Life Skills Group- Housing		14 JERSEY DAY 10:00 am- Education Group/ GED Prep 12:00 pm- Lunch 1:00 pm- Weekend Planning		15								
16		17 10:00 am- Show and Share 12:00 pm- Lunch 1:00 pm- Music Group		18 10:00 am- WRAP Support Group 12:00 pm- Lunch 1:00 pm- Art Group		19 10:00 am- Peer to Peer Group 12:00 pm- Holiday Lunch 1:00 pm- Art Group- Collage for Recovery		20 10:00 am- Dual Recovery Group 12:00 pm- Lunch 1:00 pm- Life Skills Group- Employment		21 Winter Solstice/ JERSEY DAY 10:00 am- Education Group/ GED Prep 12:00 pm- Lunch 1:00 pm- Weekend Planning		22								
23		24 CLOSED		25 Christmas CLOSED		26 10:00 am- Peer to Peer 12:00 pm- Lunch 1:00 pm- Art Group- Collage for Recovery		27 10:00 am- Dual Recovery Group 12:00 Lunch 1:00 pm- Life Skills Group- Money Management		28 JERSEY DAY 10:00 am- Education Group/GED Prep 12:00 pm- Lunch 1:00 pm- Weekend Planning		29								
30		31 New Years Eve 10:00 am- Show and Share 12:00 pm- Lunch 1:00 pm- Music Group		 Happy Holidays!																