

Recovery Program Solutions of Virginia

Arlington Peers Helping Peers In Recovery

January 2019

Special Activities:

January 1st: Closed for New Year's Day

January 21st: Closed for Martin Luther King Jr's Birthday

Monday	Tuesday	Wednesday	Thursday
31 10:15-10:30 Daily Pulse 11:00-2:00 Computer Training 11:00-12:00 Recovery Paths 12:00-1:00 Lunch 12:30-1:30 Men's Group	1  CLOSED FOR THE HOLIDAY	2 10:15- 10:30 Daily Pulse 11:00-12:00 Recovery Paths 12:00-1:00 Lunch 12:30-1:30 Women's Group 1:30-2:30 Peer Support Group	3 10:15-10:30 Daily Pulse 11:00-12:00 Art Expressions 12:00-1:00 Lunch 1:00-2:00 Music Appreciation 2:00- 2:30 Movement Class
31 10:15-10:30 Daily Pulse 11:00-2:00 Computer Training 11:00-12:00 Recovery Paths 12:00-1:00 Lunch 12:30-1:30 Men's Group	8 10:15-10:30 Daily Pulse 11:00-2:00 Computer Training 11:00-12:00 Peer Support 12:00-1:00 Lunch 12:30-2:30 Voter's Rights 1:30-2:30 Dual Recovery	9 10:15- 10:30 Daily Pulse 11:00-12:00 Recovery Paths 12:00-1:00 Lunch 12:30-1:30 Women's Group 1:30-2:30 Peer Support Group	10 10:15-10:30 Daily Pulse 11:00-12:00 Art Expressions 12:00-1:00 Lunch 1:00-2:00 Music Appreciation 2:00- 2:30 Movement Class
31 10:15- 10:30 Daily Pulse 11:00-2:00 Computer Training 11:00-12:00 Recovery Paths 12:00-1:00 Lunch 12:30-1:30 Men's Group	15 10:15-10:30 Daily Pulse 11:00-2:00 Computer Training 11:00-12:00 Peer Support 12:00-1:00 Lunch 12:30-2:30 Employment Support 1:30-2:30 Dual Recovery	16 10:15- 10:30 Daily Pulse 11:00-12:00 Recovery Paths 12:00-1:00 Lunch 12:30-1:30 Women's Group 1:30-2:30 Peer Support Group	17 10:15-10:30 Daily Pulse 11:00-12:00 Art Expressions 12:00-1:00 Lunch 1:00-2:00 Music Appreciation 2:00- 2:30 Movement Class
21 CLOSED for Martin Luther King Jr's Birthday.  Everything that is done in the world is done by hope." - Martin Luther King Jr.	22 10:15-10:30 Daily Pulse 11:00-2:00 Computer Training 11:00-12:00 Peer Support 12:00-1:00 Lunch 12:30-2:30 Voter's Rights 1:30-2:30 Dual Recovery	23 10:15- 10:30 Daily Pulse 11:00-12:00 Recovery Paths 12:00-1:00 Lunch 12:30-1:30 Women's Group 1:30-2:30 Peer Support Group	24 10:15-10:30 Daily Pulse 11:00-12:00 Art Expressions 12:00-1:00 Lunch 1:00-2:00 Music Appreciation 2:00- 2:30 Movement Class
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3219 Columbia Pike, Suite 101, Arlington VA 22204
 Phone 703-567-1346
 Hours: Monday to Thursday 10am - 3pm



Recovery Program Solutions of Virginia

Arlington Peers Helping Peers In Recovery

Who are we?

The Arlington County Peer-Run Recovery Center is a safe, stigma-free place for those experiencing mental illness, substance abuse and homeless. Our goal is to help people overcome challenges in a welcoming and supportive environment that emphasizes recovery that emphasizes recovery with some drop-in services.

What do we do?

We provide critical assistance such as:

- Community Outreach
- Peer Support Group
- Computer and Internet Access
- Wellness Recovery Action Plan (WRAP®) Workshops
- Annual Beach Trip to Ocean City
- Social Activities
- Computer Training
- Daily Lunch
- One-On-One Peer Counseling
- Recreational Activities
- Holiday Parties and Barbecues
- Employment Seminars

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