



# Consumer Wellness Center

**Open  
Monday to Thursday  
10:00 AM to 4:00 PM**

**7611 Little River  
Turnpike, Suite 100E  
Annandale, VA 22003  
(703) 531-4650**

**Combined Federal  
Campaign no: 60869**

# January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Consumer Wellness Center offers individual &amp; group peer support, 12-step groups, a clothing closet and lunch Monday through Thursday.</b> NA Meeting- Thursday 1pm - 3pm - Housing Assistance- Wednesday 1-3pm Employment support Guari at (703) 909-9754	<b>1 Closed</b>  <b>New Years Day!</b>	<b>2</b> 10:15- 11:45 Community Mtg. & Support Group Staying Positive 12:00 - Lunch 1:00 -1:45 Info and Ed Peer Group - SUD	<b>3</b> 10:15 - 11:45 Community Mtg/ Support Group Staying Positive 1:00 - 1:45 Info and Education Peer Group - SUD	<b>4</b> Closed	<b>5</b> Closed
<b>6</b> Closed	<b>7</b> 10:15-11:45 Community Meeting & Support Group Anger Management 12:00—Lunch 1:00—1:45 Info and Ed Peer Group - SUD	<b>8</b> 10:15 - 11:45 Community Mtg & Support Group Anger Management 12:00 - Lunch 1:00 - 1:45 Info and Ed Peer Group - SUD	<b>9</b> 10:15 -11:45 Community Mtg. & Support Group Anger Management 12:00 Lunch 1:00-1:45 Info and Ed Peer Group-SUD	<b>10</b> 10:15 -11:45 Community Mtg. & Support Group Anger Management 12:00 Lunch 1:00-1:45 Info & Ed Peer Group SUD	<b>11</b> Closed	<b>12</b> Closed
<b>13</b> Closed	<b>14</b> 10:15 - 11:45 Community Meeting & Support Group Mental Illness and Addiction 12:00—Lunch 1: 00 - 2:30 LMECC / EMP. Support Group	<b>15</b> 10:15 - 11:45 Community Mtg. & Support Group 12:00 Lunch Mental Illness and Addict 1:00-1:45 Info and Ed 2: - 3:00 Art Therapy	<b>16</b> 10:15 -11:45 Community Mtg. & Support Group 12:00 Lunch Mental Illness & Addict. 1:00-1:45 Info and Ed Peer group-SUD	<b>17</b> 10:15 -11:45 Community Mtg & Support Group- Mental Illness & Addiction 12:00 Lunch 1:00-1:45 Info & Ed Peer Group SUD	<b>18</b> Closed	<b>19</b> Closed
<b>20</b> Closed	<b>21</b> Closed  <b>Martin Luther King, Jr Day!</b>	<b>22</b> 10:15 - 11:45 Community Mtg. & Support Group 12:00 Lunch Emotional Neglect 1:00-1:45 Info & Ed-SUD 2:00 - 3:00 Art Therapy	<b>23</b> 10:15 - 11:45 Community Mtg. & Support Group 12:00 Lunch Emotional Neglect 1:00-1:45 Info and Ed Peer Group - SUD	<b>24</b> 10:15- 11:45 Community Mtg. & Support Group Emotional Neglect 12:00 Lunch 1: 00-1:45 Info and Ed Peer Grp. -SUD	<b>25</b> Closed	<b>26</b> Closed
<b>27</b> Closed	<b>28</b> 10:15 - 11:45 Community Meeting & Support Group Dual Diagnosis 12:00—Lunch 1:00—2:30 LMECC / EMP. Support Group	<b>29</b> 10:15 -11:45 Community Mtg. & Support Group Dual Diagnosis 12:00 Lunch 1:00-1:45 Info and Ed 2:00 - 3:00 Art Therapy	<b>30</b> 10:15 - 11:45 Community Mtg. & Support Group 12:00 Lunch Dual Diagnosis 1:00-1:45 Info and Ed Peer Group	<b>31</b> 10:45 -11:45 Community Mtg. & Support Group 12:00 Lunch Group-Emotional Dual Diagnosis 1:00-1:45 Info and		