



March 2019

Consumer Wellness Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Consumer Wellness Center offers individual & group peer support, 12-step groups, a clothing closet and lunch Monday through Thursday. NA Meeting– Thursday 1:00 pm - 2:30pm Housing Assist. Wednesdays 1- 3 pm with New Hope Housing. For Employment Support please call Gauri at (703) 909-9754 Every Tuesday - Art Therapy - 2:00 pm - 3:00					1 Closed	2 Closed
3 Closed	4 10::15-12:00 Community Meeting Rent Readiness 12:00—Lunch 11:00 - Support Group Improving Emotional Wellness 1:00—2:30 LMECC Support Group	5 10:15 - 12:00 Community Mtg. 12:00 Lunch 11:00 Support Group- Improving Emotional Well- ness 1:00-1:45 Info and Ed Peer Group	6 10:15 –12:00 Community Mtg. 12:00 Lunch 11:00 Support Group– Improving Emotional Wellness 1:00-1:45 Info and Ed Peer Group-SUD	7 10:15 –12:00 Community Mtg. 12:00 Lunch 11:00 Support Grp. Improving Emotional Wellness 1:00-1:45 Info & Ed Peer Group SUD	8 Closed	9 Closed
10 Closed	11 10::15-12:00 Community Meeting Rent Readiness 12:00—Lunch 11:00 - Support Group Finding Balance for Your Life 1:00—2:30 LMECC Support Group	12 10:15 - 12:00 Community Mtg. 12:00 Lunch 11:00 Support Group Finding Balance for Your Life 1:00-1:45 Info and Ed Peer group	13 10:15 – 12:00 Community Mtg./LMECC EMP. 12:00 Lunch 11:00 Support Group Finding Balance for Your Life. 1:00-1:45 Info and Ed Peer group-SUD	14 10:15 –12:00 Community Mtg. 12:00 Lunch 11:00 Support Group Finding Balance for Your Life 1:00-1:45 Info & Ed Peer Group SUD	15 Closed	16 Closed
17 Closed	18 10::15-12:00 Community Meeting Rent Readiness 12:00—Lunch 11:00 - Support Group The Value of Support Groups 1:00—2:30 LMECC Support Group	19 10:15 –12:00 Community Mtg. 12:00 Lunch 11:00 Support Group- The Value of Support Groups 1:00-1:45 Info and Ed Peer Group	20 10:15-12:00 Community Mtg. 12:00 Lunch 11:00 Support Group- The Value of Support Groups 1:00-1:45 Info and Ed Peer Group	21 10:15-12:00 Community Mtg. 12:00 Lunch 11:00 Support Group- The Value of Support Groups 1:00-1:45 Info and Ed Peer Group	22 Closed	23 Closed
24 Closed Closed 31	25 10::15-12:00 Community Meeting Rent Readiness 12:00—Lunch 11:00 - Support Group Identifying Triggers 1:00—2:30 LMECC Support Group	26 10:15 –12:00 Community Mtg. 12:00 Lunch 11:00 Support Group Identifying Triggers 1:00 - 1:45 Info and Ed Peer Group	27 10:15 - 12:00 Community Mtg. 12:00 Lunch 11:00 Support Group Identifying Triggers 1:00-1:45 Info and Ed Peer Group	28 10:15 -12:00 Community Mtg. 12:00 Lunch 11:00 Support Group- Identifying Triggers 1:00-1:45 Info and Ed Peer Group	29 Closed	30 Closed

**Open
Monday to Thursday
10:00 AM to 4:00 PM**

**7611 Little River
Turnpike, Suite 100E
Annandale, VA 22003
(703) 531-4650**

**Combined Federal
Campaign no: 60869**