

# April 2019

## Recovery Program Solutions of Virginia Consumer Wellness Center



Open

Monday to Thursday  
10:00 p.m. to 4:00 p.m.

7611 Little River  
Turnpike, Suite 100E  
Annandale, VA 22003

(703) 531-4650

Combined Federal  
Campaign #65228

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 10:15-12:00 Community Meeting Rent Readiness 12:00—Lunch 11:00 Support Group Coping with Stress 1:00—2:30 Employment	<b>2</b> 10:15 - 12:00 Community Meeting 12:00 Lunch 11:00 Support Group Coping with Stress 1:00-1:45 Information and Educational Peer Group	<b>3</b> 10:15 - 12:00 Community Meeting 12:00 Lunch 11:00 Support Grp Coping with Stress 1:00-1:45 Information and Educational Peer Group	<b>4</b> 10:15 –12:00 Community Meeting 12:00 Lunch 11:00 Support Group Coping with Stress 1:00-2:30	<b>5</b> Closed	<b>6</b> Closed
<b>7</b> Closed	<b>8</b> 10:15-12:00 Community Meeting Rent Readiness 11:00 Support Group Self Advocacy 12:00—Lunch 12:30 Pathways to Recovery 1:00—2:30 Employment Support	<b>9</b> 10:15 - 12:00 Community Meeting 12:00 Lunch 11:00 Support Group Self Advocacy 1:00-1:45 Information and Educational Peer Group	<b>10</b> 10:15 –12:00 Community Meeting 12:00 Lunch 11:00 Support Group Self Advocacy 1:00-1:45 Information and Educational Peer Group	<b>11</b> 10:15 –12:00 Community Meeting 12:00 Lunch 11:00 Support Group Self Advocacy 1:00-2:30 NA Meeting	<b>12</b> Closed	<b>13</b> Closed
<b>14</b> Closed	<b>15</b> 10:15-12:00 Community Meeting Rent Readiness 11:00 Support Group Childhood Emotional Ne- glect 12:00—Lunch 12:30 Pathways to Recovery 1:00—2:30 Employment	<b>16</b> 10:15 - 12:00 Community Meeting 12:00 Lunch 11:00 Support Grp Childhood Emotional Neglect 1:00-1:45 Information and Educational Peer Group	<b>17</b> 10:15 – 12:00 Community Meeting/ Employment Support 12:00 Lunch 11:00 Support Grp Childhood Emotional Ne- glect 1:00-1:45 Informational and Education Peer group- SUD	<b>18</b> 10:15 –12:00 Community Meeting. 12:00 Lunch 11:00 Support Group Childhood Emotional Neglect 1:00-2:30 NA Meeting	<b>19</b> Closed	<b>20</b> Closed
<b>21</b> Closed	<b>22</b> 10:15-12:00 Community Meeting Rent Readiness 11:00 Support Group Resilience 12:00—Lunch 12:30 Pathways to Recovery 1:00—2:30 Employment Support	<b>23</b> 10:15 –12:00 Community Meeting 12:00 Lunch 11:00 Support Group- Resilience 1:00-1:45 Information and Educational Peer Group	<b>24</b> 10:15-12:00 Community Meeting 12:00 Lunch 11:00 Support Group- Resilience 1:00-1:45 Information and Educational Peer Group- SUD	<b>25</b> 10:15-12:00 Community Meeting 12:00 Lunch 11:00 Support Group- Resilience 1:00-2:30 NA Meeting 1:00-3:00 WRAP	<b>26</b> Closed	<b>27</b> Closed
<b>28</b> Closed	<b>29</b> 10:15-12:00 Community Meeting Rent Readiness 11:00 Support Group Identifying Triggers 12:00—Lunch 12:30 Pathways to Recovery	<b>30</b> 10:15 –12:00 Community Meeting 12:00 Lunch 11:00 Support Group Identifying Triggers 1:00-1:45 Information and Educational Peer Group	<b>Consumer Wellness Center offers individual &amp; group peer support, 12-step groups, a clothing closet, lunch and more...</b> <ul style="list-style-type: none"> <li>◆ Pathways to Recovery - Tuesdays 12:30 p.m.</li> <li>◆ Art Therapy - Tuesdays 2:00 - 3:00 p.m.</li> <li>◆ NA Meeting – Thursday 1:00 - 2:30 p.m.</li> <li>◆ Housing Assistance - Wednesdays 1:00- 3:00 pm with New Hope Housing.</li> <li>◆ For Employment Support please call Gauri at (703) 909-9754</li> </ul>			