



September 2019

Recovery Program Solutions of Virginia South County Recovery and Drop-In Center

Open

**Monday & Thursday
3:00 PM to 7:30 PM
Saturday & Sunday
12:00 PM to 7:30 PM**

**8794—R
Sacramento
Drive
Alexandria, VA 22309**

(703) 341-6890

CFC# 65228

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 1:00—1:45 p.m. Community Mtg 1:45 p.m. Lunch 3:00—4:00 p.m. Dual Recovery	2 Labor Day! 12n—4:15p	3 CLOSED	4 CLOSED	5 3:00—5:00p.m. LMECC 5:00 p.m. Dinner	6 CLOSED	7 1:45 p.m. Lunch 4:00—5:00 p.m. Community Mtg 5:00 p.m. Dinner
8 1:00—1:45 p.m. Community Mtg 1:45 p.m. Lunch 3:00—4:00 p.m. Dual Recovery 5:00 p.m. Dinner	9 3:15—4:00 p.m. Community Mtg 4:00—5:00 p.m. Peer Support 5:00 p.m. Dinner	10 CLOSED	11 CLOSED	12 3:00—5:00p.m. LMECC 5:00 p.m. Dinner	13 CLOSED	14 1:45 p.m. Lunch 4:00—5:00 p.m. Community Mtg 5:00 p.m. Dinner
15 Picnic 12n-4p 1:00—1:45 p.m. Community Mtg 1:45 p.m. Lunch 3:00—4:00 p.m. Dual Recovery 5:00 p.m. Dinner	16 3:15—4:00 p.m. Community Mtg 4:00—5:00 p.m. Peer Support 5:00 p.m. Dinner	17 CLOSED	18 CLOSED	19 3:00—5:00p.m. LMECC 5:00 p.m. Dinner	20 CLOSED	21 1:45 p.m. Lunch 4:00—5:00 p.m. Community Mtg 5:00 p.m. Dinner
22 1:00—1:45 p.m. Community Mtg 1:45 p.m. Lunch 3:00—4:00 p.m. Dual Recovery 5:00 p.m. Dinner	23 3:15—4:00 p.m. Community Mtg 4:00—5:00 p.m. Peer Support 5:00 p.m. Dinner	24 CLOSED	25 CLOSED	26 3:00—5:00p.m. LMECC 5:00 p.m. Dinner	27 CLOSED	28 1:45 p.m. Lunch 4:00—5:00 p.m. Community Mtg 5:00 p.m. Dinner
29 1:00—1:45 p.m. Community Mtg 1:45 p.m. Lunch 3:00—4:00 p.m. Dual Recovery 5:00 p.m. Dinner	30 3:15—4:00 p.m. Community Mtg 4:00—5:00 p.m. Peer Support 5:00 p.m. Dinner	SCRDIC offers: individual and group peer support, showers, laundry, meals, snacks, telephone usage, computer access and more... Van Rides: 12:30 p.m. from Kennedy Shelter Sat & Sun Van Rides: 5:30 p.m. to Hybla Valley and to Kennedy Shelter Recovery Month Picnic at Lake Accotink on Sunday, the 15th at 12n—4pm.				