

# Recovery Program Solutions of Virginia Arlington Peers Helping Peers in Recovery

## January 2020

### *Special Announcements*

**January 1:** Closed for New Year's Day

**January 20:** Closed for Martin Luther King Jr. Day

**I have decided to stick with love. Hate is too great a burden to bear. -Martin Luther King Jr.**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> <b>CLOSED</b> 	<b>2</b> 10-11:00 Daily Pulse 11-12 Art Group 11-2 Advance Directives Facilitation 12:00 Music Appreciation 1:00 Movement Class	<b>3</b> 10-11:00 Daily Pulse 11-12:00 Peer Support Group 12-1 Reading for Recovery
<b>6</b> 10-11:00 Daily Pulse 11-2 Computer Training 11-12 Peer Support Group 12:00-1:00 Men's Group	<b>7</b> 10-11:00 Daily Pulse 11-2 Computer Training 11-12 Peer Support Group 12:30-1:30 Women's Group 12-2 WRAP Group	<b>8</b> 10-11:00 Daily Pulse 11-2 Computer Training 11-12 Peer Support Group 12-1 Recovery Tools 12:30-1:30 Employment Services	<b>9</b> 10-11:00 Daily Pulse 11-12 Art Group 11-2 Advance Directives Facilitation 12:00 Music Appreciation 1:00 Movement Class	<b>10</b> 10-11:00 Daily Pulse 11-12:00 Peer Support Group 12-1 Reading for Recovery
<b>13</b> 10-11:00 Daily Pulse 11-2 Computer Training 11-12 Peer Support Group 12:00-1:00 Men's Group	<b>14</b> 10-11:00 Daily Pulse 11-2 Computer Training 11-12 Peer Support Group 12:30-1:30 Women's Group	<b>15</b> 10-11:00 Daily Pulse 11-2 Computer Training 11-12 Peer Support Group 12-1 Recovery Tools 12:30-1:30 Employment Services	<b>16</b> 10-11:00 Daily Pulse 10:30-12 Voter Reg. ID help 11-12 Art Group 12:00 Music Appreciation 1:00 Movement Class	<b>17</b> 10-11:00 Daily Pulse 11-12:00 Peer Support Group 12-1 Reading for Recovery
<b>20</b> <b>CLOSED</b>  Martin Luther King Jr. Day	<b>21</b> 10-11:00 Daily Pulse 11-2 Computer Training 11-12 Peer Support Group 12:30-1:30 Women's Group	<b>22</b> 10-11:00 Daily Pulse 11-2 Computer Training 11-12 Peer Support Group 12-1 Recovery Tools 12:30-1:30 Employment Services	<b>23</b> 10-11:00 Daily Pulse 11-12 Art Group 11-2 Advance Directives Facilitation 12:00 Music Appreciation	<b>24</b> 10-11:00 Daily Pulse 11-12 Peer Support Group 12:30-1:30 Theater Therapy
<b>27</b> 10-11:00 Daily Pulse 11-2 Computer Training 11-12 Peer Support Group 12:00-1:00 Men's Group 1-2 Words for Wellness	<b>28</b> 10-11:00 Daily Pulse 11-2 Computer Training 11-12 Peer Support Group 12:30-1:30 Dual Recovery	<b>29</b> 10-11:00 Daily Pulse 11-2 Computer Training 11-12 Peer Support Group 12-1 Recovery Tools 12:30-1:30 Employment Services	<b>30</b> 10-11:00 Daily Pulse 11-12 Art Group 11-2 Advance Directives Facilitation 12:00 Music Appreciation	<b>31</b> 10-11:00 Daily Pulse 11-12 Peer Support Group 12:30-1:30 Theater Therapy

**3219 Columbia Pike, Suite 101**  
**Arlington VA 22204**  
**Phone 703-567-1346**  
**Monday— Friday 10 a.m.— 2 p.m.**

RECOVERY PROGRAM SOLUTIONS OF VIRGINIA  
**Arlington Peers Helping Peers in Recovery**

*Free Computer Classes*

November 2019

**MICROSOFT WORD**  
**&**  
**MICROSOFT POWERPOINT**

*KEYBOARDING/TYPING LAB*

Beginners Welcome

(8-week session)

**When:**

Monday, Tuesday & Wednesday

11 AM to 2 PM

**Where:**

3219 Columbia Pike, Suite 101,  
Arlington, VA 22204

**Contact:** Gregory at 703.567.1346

or website [www.rpsva.org](http://www.rpsva.org)

or email

Gmiller.dropincenter@gmail.com



*Welcome to MS Word and PowerPoint: Word -*

*Learn how to create, design and construct documents, use spellcheck,  
format text and paragraphs, use tabs and insert graphics/objects and more.*

*PowerPoint – We will learn how to create slideshow presentation – using animation, transitions,  
inserting files and objects, and much more.*

*No reservations/prerequisites – just Drop-In anytime! Thanks, and tell a friend!*