


# January 2020

## Recovery Program Solutions of Virginia Consumer Wellness Center

**Consumer Wellness Center** offers individual & group peer support, 12-step groups, a clothing closet, hot lunches, field trips and more...

Housing Outreach Services - Wednesdays at 1:00-3:00 pm with New Hope Housing

Mon	Tue	Wed	Thu
		<b>1 Closed</b> 	<b>2 10:15 –12:00</b> Community Meeting 11:00 Support Group Triangle Of Well Being 12:00 Lunch 1:00-2:30 Lets Recover Together (Mentally, Physically and Spiritually)
<b>6 10:15-12:00</b> Community Meeting Rent Readiness 11:00 Support Group- Music Stimulation 12:00 Lunch 1:00—2:30 Employ- ment Support	<b>7 10:15 - 12:00</b> Community Meeting 11:00 Art Therapy 12:00 Lunch 1:00-1:45 Information and Educational Peer Group 2:00-3:00 Support Group Building Healthy	<b>8 10:15—Daily Pulse</b> 10:30-12:00 Employment Support 12:00 Lunch 1:00-1:45 Information and Educational Peer Group— SUD	<b>9 10:15 –12:00</b> Community Meeting 11:00 Support Group Triangle Of Well Being 12:00 Lunch 1:00-2:30 Lets Recover Together (Mentally, Physically and Spiritually)
<b>13 10:15-12:00</b> Community Meeting Rent Readiness 11:00 Support Group- Music Stimulation 12:00 Lunch 1:00—2:30 Employ- ment Support	<b>14 10:15 - 12:00</b> Community Meeting 11:00 Art Therapy 12:00 Lunch 1:00-1:45 Information and Educational Peer Group 2:00-3:00 Support Group Building Healthy Relationships	<b>15 10:15— Daily Pulse</b> 10:30-12:00 Employment Support 12:00 Lunch 1:00-1:45 Information and Educational Peer Group— SUD	<b>16 10:15 –12:00</b> Community Meeting 11:00 Support Group Triangle Of Well Being 12:00 Lunch 1:00-2:30 Lets Recover Together (Mentally, Physically and Spiritually)
<b>20 Closed</b>  <b>Martin Luther King Jr. Day</b>	<b>21 10:15 - 12:00</b> Community Meeting 11:00 Art Therapy 12:00 Lunch 1:00-1:45 Information and Educational Peer Group 2:00-3:00 Support Group Building Healthy Relationships	<b>22 10:15—Daily Pulse</b> 10:30-12:00 Employment Support 12:00 Lunch 1:00-1:45 Information and Educational Peer Group— SUD	<b>23 10:15 –12:00</b> Community Meeting 11:00 Support Group Triangle Of Well Being 12:00 Lunch 1:00-2:30 Lets Recover Together (Mentally, Physically and Spiritually)
<b>27 10:15-12:00</b> Community Meeting Rent Readiness 11:00 Support Group- Music Stimulation 12:00 Lunch 1:00—2:30 Employ- ment Support	<b>28 10:15 - 12:00</b> Community Meeting 11:00 Art Therapy 12:00 Lunch 1:00-1:45 Information and Educational Peer Group 2:00-3:00 Support Group Building Healthy Relationships	<b>29 10:15—Daily Pulse</b> 10:30-12:00 Employment Support 12:00 Lunch 1:00-1:45 Information and Educational Peer Group— SUD	<b>30 10:15 –12:00</b> Community Meeting 11:00 Support Group Triangle Of Well Being 12:00 Lunch 1:00-2:30 Lets Recover Together (Mentally, Physically and Spiritually)

**Hours:**  
**Monday to Thursday**  
**10:00 a.m. to 4:00 p.m.**

**7611 Little River Turnpike,**  
**Suite 100E**  
**Annandale, VA 22003**  
**(703) 531-4650**

**Combined Federal**  
**Campaign #65228**