


Recovery Program Solutions of Virginia  
**Merrifield Peer Resource Center**

*December 2019*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Metro Help: 10:00-2:00 Art: 12:00-1:00 Musical Recovery: 2:00-3:30 Employment Specialist: 2:30-3:30	<b>3</b> Men's Group: 12:00-1:00 Meditation: 2:00-3:00 Employment Specialist: 1:00-3:00 Computer Empowerment: 5:00-6:00	<b>4</b> Mindful Movement: 10:30-11:30 Show and Share: 12:30-1:30 DBSA: 2:00-4:00 Employment Specialist: 1:00-3:00 Computer Empowerment: 5:00-6:00	<b>5</b> Recovery Tools: 11:00-12:00 Tranquil Voices: 3:00-4:30 Employment Specialist: 1:00-2:00 Recovery Employment Group: 1:00-2:00 Rapid Job Search: 2:00-3:00	<b>6</b> Weekend Planning: 11:00-12:00
<b>9</b> Art: 12:00-1:00 Musical Recovery: 2:00-3:30 Employment Specialist: 2:30-3:30	<b>10</b> Men's Group: 12:00-1:00 Meditation: 2:00-3:00 Employment Specialist: 1:00-3:00 Computer Empowerment: 5:00-6:00	<b>11</b> Mindful Movement: 10:30-11:30 Show and Share: 12:30-1:30 DBSA: 2:00-4:00 Computer Empowerment: 5:00-6:00	<b>12</b> Recovery Tools: 11:00-12:00 Tranquil Voices: 3:00-4:30 Employment Specialist: 1:00-2:00 Recovery Employment Group: 1:00-2:00 Rapid Job Search: 2:00-3:00	<b>13</b> Weekend Planning: 11:00-12:00
<b>16</b> Metro Help: 10:00-2:00 Art: 12:00-1:00 Musical Recovery: 2:00-3:30 Employment Specialist: 2:30-3:30	<b>17</b> Men's Group: 12:00-1:00 Meditation: 2:00-3:00 Employment Specialist: 1:00-3:00 Computer Empowerment: 5:00-6:00	<b>18</b> Mindful Movement: 10:30-11:30 <b>Holiday Luncheon:</b> <b>12:00-1:30</b> Employment Specialist: 1:00-3:00 DBSA: 2:00-4:00 Computer Empowerment: 5:00-6:00	<b>19</b> Recovery Tools: 11:00-12:00 Tranquil Voices: 3:00-4:30 Employment Specialist: 1:00-2:00 Recovery Employment Group: 1:00-2:00 Rapid Job Search: 2:00-3:00	<b>20</b> Weekend Panning: 11:00-12:00
<b>23</b> Art: 12:00-1:00 Musical Recovery: 2:00-3:30 Employment Specialist: 2:30-3:30	<b>24</b> <p style="text-align: center;"><b>CLOSED</b>  <b>Christmas Eve</b></p> 	<b>25</b> <b>CLOSED</b> 	<b>26</b> Recovery Tools: 11:00-12:00 Tranquil Voices: 3:00-4:30 Recovery Employment Group: 1:00-2:00 Rapid Job Search: 2:00-3:00	<b>27</b> Weekend Planning: 11:00-12:00
<b>30</b> Art: 12:00-1:00 Musical Recovery: 2:00-3:30	<b>31</b> Men's Group: 12:00-1:00 Meditation: 2:00-3:00	<div style="border: 2px solid red; padding: 10px; margin: 10px auto; width: 80%;"> <p><b>The best present you can give yourself is being present                      in each moment and appreciating the beauty within.</b></p> <p><b>-Unknown</b></p> </div>		

**Merrifield Peer Resource Center**  
 8221 Willow Oaks Corporate Drive, Suite I-185  
 Fairfax, VA 22031  
 Phone: 703-559-5100

- **Monday: 10:00-5:00**
- **Tuesday: 10:00-6:00**
- **Wednesday: 10:00-6:00**
- **Thursday: 10:00-5:00**
- **Friday: 10:00-3:00**

RECOVERY PROGRAM SOLUTIONS OF VIRGINIA  
**Arlington Peers Helping Peers in Recovery**

***Free Computer Classes***

December 2019

**MICROSOFT WORD**

**&**

**MICROSOFT EXCEL**

*KEYBOARDING/TYPING LAB*

**Beginners Welcome**

**(8-week session)**

**When:**

Monday, Tuesday & Wednesday

11 AM to 2 PM

**Where:**

3219 Columbia Pike, Suite 101,  
Arlington, VA 22204

**Contact:** Gregory at 703.567.1346

or website [www.rpsva.org](http://www.rpsva.org)

or email

Gmiller.dropincenter@gmail.com



*Welcome to MS Word and Excel*

*Word - Learn how to create, design and construct documents, use spellcheck, format text and paragraphs, use tabs and insert graphics/objects and more.*

*Excel - , and much more.*

*No reservations/prerequisites – just Drop-In anytime! Thanks, and tell a friend!*