

February 2020

Recovery Program Solutions of Virginia Consumer Wellness Center

Consumer Wellness Center offers individual & group peer support, 12-step groups, a clothing closet, hot lunches, field trips and more...

Housing Outreach Services - Wednesdays at 1:00-3:00 pm with New Hope Housing

Mon	Tue	Wed	Thu
3 10:15-12:00 Community Meeting Rent Readiness 11:00 Support Group- Music Stimulation 12:00 Lunch 1:00-2:30 Employment Support	4 10:15 - 12:00 Community Meeting 11:00 Art Therapy 12:00 Lunch 1:00-1:45 Information and Educational Peer Group 2:00-3:00 Support Group Building Healthy Relationships	5 10:15 Daily Pulse 10:30-12:00 Employment Support 12:00 Lunch 1:00-1:45 Information and Educational Peer Group— SUD	6 10:15 –12:00 Community Meeting 11:00 Support Group Triangle Of Well Being 12:00 Lunch 1:00-2:30 Lets Recover Together (Mentally, Physically and Spiritually)
10 10:15-12:00 Community Meeting Rent Readiness 11:00 Support Group- Music Stimulation 12:00 Lunch 1:00—2:30 Employ- ment Support	11 10:15 - 12:00 Community Meeting 11:00 Art Therapy 12:00 Lunch 1:00-1:45 Information and Educational Peer Group 2:00-3:00 Support Group Building Healthy Relationships	12 10:15 Daily Pulse 10:30-12:00 Employment Support 12:00 Lunch 1:00-1:45 Information and Educational Peer Group— SUD	13 10:15 –12:00 Community Meeting 11:00 Support Group Triangle Of Well Being 12:00 Lunch 1:00-2:30 Lets Recover Together (Mentally, Physically and Spiritually)
17 Closed Presidents Day!	18 10:15 - 12:00 Community Meeting 11:00 Art Therapy 12:00 Lunch 1:00-1:45 Information and Educational Peer Group 2:00-3:00 Support Group Building Healthy Relationships	19 10:15 Daily Pulse 10:30-12:00 Employment Support 12:00 Lunch 1:00-1:45 Information and Educational Peer Group— SUD	20 10:15 –12:00 Community Meeting 11:00 Support Group Triangle Of Well Being 12:00 Lunch 1:00-2:30 Lets Recover Together (Mentally, Physically and Spiritually)
24 10:15-12:00 Community Meeting Rent Readiness 11:00 Support Group- Music Stimulation 12:00 Lunch 1:00—2:30 Employ- ment Support	25 10:15 - 12:00 Community Meeting 11:00 Art Therapy 12:00 Lunch 1:00-1:45 Information and Educational Peer Group 2:00-3:00 Support Group Building Healthy Relationships	26 10:15 Daily Pulse 10:30-12:00 Employment Support 12:00 Lunch 1:00-1:45 Information and Educational Peer Group— SUD	27 10:15 –12:00 Community Meeting 11:00 Support Group Triangle Of Well Being 12:00 Lunch 1:00-2:30 Lets Recover Together (Mentally, Physically and Spiritually)

“Work on being in love with the person in the mirror who has been through so much, but is still standing.” -Unknown

Hours:
Monday to Thursday
10:00 a.m. to 4:00 p.m.

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Suite 100E
Annandale, VA 22003
(703) 531-4650

Combined Federal
Campaign #65228